Call for Proposals:

Art Therapy as an Instrument of Peace

Canadian Art Therapy Association
Annual Conference

September 18, 19, 20, & 21, 2014
Nelson, British Columbia

Hosted and co-sponsored by

Kutenai Art Therapy Institute Association
&
British Columbia Art Therapy Association
&
Canadian Art Therapy Association

DEADLINE FOR SUBMISSIONS: Oct. 30, 2013

“Good where we have been, good where we are going to”

(Shemaho)

Art therapy as an instrument of peace

Peace in our hearts
Peace in our soul
Peace in our families
Peace in our community
Peace between nations
Peace as a noun and peace as a verb
Peacemaking as a relationship
As working in the circle
**Intention**

In this conference, we hope to discuss all aspects of peace and to share ways that art therapy and the creative process has been used and can be used to support coming back into balance for individuals, families and communities. A classic wish is to wish for world peace. But what does that mean? How can it be achieved? To think about art therapy as an instrument of peace is to consider the use of creativity as an antidote to destructive urges; as a means to resolving conflict on both internal and external levels. Art therapy exists in relationship between the art therapist, the individual, the community and the creative process.

Peace is an umbrella concept that is a wish, a desire and a human goal that is both abstract and concrete. It is elusive, ephemeral and exceedingly important on a global level. Peace can refer to the internal state of an individual whereby the person is at “peace” with him/herself. Peace can also be considered as the good things in the world community, like cooperation and compassionate action. Working to achieve peace in the world goes hand in hand with working to protect our environment to ensure that we have a sustainable world for the next seven generations. We won’t have peace without justice. In order to have peace we need respect for each other and for difference.

A synonym for peace is equilibrium or stability; or the absence of conflict or violence. In life there is an ongoing process of moving in and out of a state of equilibrium and balance and theorists/peace makers that speak about peace understand that conflict is a natural and necessary aspect of life. It is what we do with the conflict that produces either violence or peace. Peace is not just an absence of violence. It is a process by which the roots of conflict are addressed and nonviolent means for resolving conflict are discovered. Certainly, to understand the dynamics of peace we must understand the dynamics of violence. Violence occurs in direct visible and indirect invisible ways, such as structural, cultural and domestic violence. It is important to distinguish between violence and conflict. Conflict can be an opportunity for growth.

In 1947, Lowenfeld and Brittan wrote of how if we didn’t give our young people an opportunity to be creative then they would be destructive. Let us explore the essence and essential nature of creativity and how it can contribute to peace. The creative process is a way to “make special,” to experience the universal, and to engage hope. An art therapist can be an agent of hope. Let us join together to explore how art therapy can be used as an instrument or a tool; something to be used to help make or bring about peace.

*Monica (compiled from the committee’s ideas)*
Quotes on Peace

If we have no peace, it is because we have forgotten that we belong to each other.
Mother Teresa

The most valuable possession you can own is an open heart. The most powerful weapon you can be is an instrument of peace. Carlos Santana

World peace must develop from inner peace. Peace is not just mere absence of violence. Peace is, I think, the manifestation of human compassion. Dalai Lama XIV

Peace comes from within. Do not seek it without. Gautama Buddha

When the power of love overcomes the love of power the world will know peace. Jimi Hendrix

An eye for an eye only ends up in making the world blind. Mahatma Gandhi

Peace cannot be kept by force; it can only be achieved by understanding. Albert Einstein.

Peace cannot be achieved through violence, it can only be achieved by understanding. Ralph Waldo Emerson.

Darkness cannot drive out darkness: only light can do that. Hate cannot drive out hate: only love can do that. Martin Luther King

If everyone demanded peace instead of another television set, then there’d be peace.
John Lennon
We invite proposals on topics related to the conference theme, including:

- Peace and Social Justice – creative approaches
- Art Therapy and Spirituality/Transcendence
- Art Therapy, Hospice and Palliative Care
- First Nations Art Therapy Initiatives, Perspectives and Practices
- Arts-Based Research
- Creative / Expressive Arts Across the Disciplines
- Art Therapy and Community Action (local and global)
- Art Therapy and Social Action
- Art Therapy and Education
- Art Therapy and Cultural Identity
- Eco-Art Therapy
- Art Therapy Supervision

Presentation Formats

Pre-or post-conference workshops (advanced & beginner): Half Day or Full Day

Workshop (80 minutes or 3 hours) Workshops engage participants in a hands-on process to gain knowledge and understanding of the material covered. Limited art supplies will be provided. Please use the proposal submission form to request supplies.

Paper (50 minutes) Oral presentation of theory, research and/or practice. Art supplies are not usually provided for paper presentations, as they are not intended to be a hands-on experience for participants.

Panel (80 minutes) Groups of 3 to 6 panelists, including a moderator, speaking on different aspects of the same subject.

Art Therapy Supervision – master class – special topics or approaches. (1, or 1 ½ hr)

Arts-based presentation (50 minutes) Presentation of professional issues or clinical application in art therapy through performance art modalities including drama, music, poetry, text, movement, visual art, or combinations. Please send an audio or video clip of the presentation with the proposal submission. (Send via www.sendspace.com.)

Video (50 minutes) Showing of finished Video Digital Recording, followed by discussion, on topics related to professional issues and/or clinical practice. Please send a clip of the video with the proposal submission. (Send via www.sendspace.com.)

Poster: presentations will be displayed on poster boards for viewing.

Selection process: The Conference Program Committee will review and select proposals for conference presentations to create a program with a variety of topics and presenters.
Art Therapy as an Instrument of Peace

CATA Conference 2014

Proposal Form

Please complete this form and send it by email attachment to:

conference2014@shaw.ca

By Oct. 30, 2013

Please ensure that your proposal is complete and that it relates to the conference themes and presentation formats. We are able to accept online submissions only.

Title of submission

Presenter / Contact person

Name and credentials (as they are to appear in the program):

Professional Status:
Organization affiliation:

Email address:
Mailing address:

Phone numbers:

Co-presenter(s): (Please supply information as requested above)

Conference topic (Check all that apply)

- Art Therapy as an Instrument of Peace
- Art Therapy and Spirituality/Transcendence
- Art Therapy, Hospice and Palliative Care
- First Nations Art Therapy Initiatives, Perspectives and Practices
- Arts-Based Research
- Creative / Expressive Arts across the Disciplines
- Art Therapy and Community Action (local and global)
- Art Therapy and Social Action
- Art Therapy and Education
- Eco-Art Therapy
- Art Therapy and Cultural Identity
Art Therapy Supervision – master class

<table>
<thead>
<tr>
<th>Format (Check)</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Workshop full day pre-conference</td>
<td>Arts-based presentation</td>
</tr>
<tr>
<td>Workshop half day pre-conference</td>
<td>Video</td>
</tr>
<tr>
<td>Workshop – 3 hours</td>
<td>Poster</td>
</tr>
<tr>
<td>Workshop – 1 ½ hours</td>
<td>Panel</td>
</tr>
<tr>
<td>Paper</td>
<td>Supervision master class</td>
</tr>
</tbody>
</table>

Audience Interest (Check all that apply)

- Beginning and Student Art Therapists
- Experienced/Senior Art Therapists
- Any Helping Professionals – education / health
- Researchers

Maximum number of participants

- Indicate number
- No limit

AV and Materials (Check all that are needed)

Please note that presenters are responsible to provide laptop computer if needed and to bring support materials (i.e. handouts) in case of technical difficulties.

- LCD Projector
- CD Player
- iPod/MP3 Dock
- DVD Player
- Flip Chart
- Art Materials (Please list below)

Room Set-up (Check)

- Theatre style
- Tables and chairs
Circle
Nature / outside
Open (no chairs or tables)
Studio – assorted art supplies
Submission must include:

1. Abstract (150 words maximum) Include a maximum of three presentation objectives and a brief outline of your presentation. Indicate the creative arts and/or therapeutic modalities featured.

2. Statement of known emotional or other risks to participants, if any, and how the presenter(s) intend to address these risks.

3. Brief biographical information (50 words maximum) for each presenter.

4. Description of presentation (50 words maximum) for conference brochure.

5. Release forms: As applicable, please confirm that you will obtain all necessary release forms to use client artwork and comments in your presentation.

Please note:
The conference committee intends to publish a book/CD on the conference proceedings. Selected presenters will be requested to submit a paper/article on the proposed presentations and workshops. Deadline for papers, chapters, articles Jan. 30, 2014.